# Prompt Hierarchies to Support Toilet Learning

The process of teaching toileting is a step by step move towards independence for the learner.

- When we give the learner the "just right" amount of information and support, we help them to build their skills and confidence.
- Decreasing prompting can also decrease opposition and refusals, since there are fewer direct orders/requests from adults.

## Full Physical Prompt

- •The nurse wipes the learner completely or finishes the task for them
- •The paraprofessional carries the learner to the bathroom

# Touch Prompt

- The parent places the learner's hand on the spot that needs additional wiping
- •The paraprofessional holds the learner's hand and leads them to the bathroom

#### Model Prompt

- •The parent mimes wiping
- •The caregiver shows the learner a video model of toileting

#### Verbal Prompt

- •The parent tells the learner, you need to wipe your bottom more"
- •The paraprofessional says to the learner, "go to the bathroom now"

#### Visual or Gestural Prompt

- •The bathroom has a visual support that shows the steps of wiping
- •The paraprofessional points to an icon that means "time to use the bathroom", or shows the learner a roll of toilet paper

### Independence

- •The learner wipes effectively on their own without reminders or help
- •The learner goes into the bathroom and urinates on demand/as needed

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