## **Community Advisory Council Notice**

Notice for Wednesday, September 28, 2022 12:00 to 3:00pm

#### You can join online using Zoom:

https://uvm-edu.zoom.us/j/89276147655?pwd=K09JTGxRQjJrRkZ0N0N6UIZWNkpKQT09



Phone: 929 436 2866

Meeting ID: 892 7614 7655

**Passcode: 916077** 

#### OR you can join in person in Burlington, VT:

To join in person, you must contact Jesse Suter (802-656-1130 or jesse.suter@uvm.edu). We will meet at CDCI, 208 Colchester Ave, Mann Hall 3<sup>rd</sup> Floor, Burlington, VT

#### Handouts:

1. CAC Notice and Agenda (this handout)

CAC Group Agreement (this handout)

CAC Meeting Roles (this handout)

- 2. Draft Meeting Minutes from June 15, 2022
- 3. Draft CDCI Annual Priorities

#### **CAC Meetings 2022-2023**

- 1. September 28, 2022
- 2. December 7, 2022
- 3. March 22, 2023
- 4. June 28, 2023



## **CAC Meeting Agenda**

Wednesday, September 28, 2022, 12:00 to 3:00pm

#### 12:00 Welcome (20 minutes, David)

- Please say your name, role on CAC, and pronoun (they/them, she/her). Why do pronouns matter?
  - 2. Dave will lead an activity. Cooking with Dave!
  - 3. Confirm meeting roles (chosen before meeting).
  - 4. VOTE: Do you approve minutes from June meeting?

#### 12:20 CAC role helping make new 5-year plan (15 minutes, Jesse)

PLAN

WELCOME

- 1. CDCI must make a new plan every 5 years.
- 2. Federal law says the CAC must:
  - a. Give advice every 5 years to make a new CDCI plan.
  - b. Give advice every year on how the plan is going.
- 3. This year we make a new plan for CDCI. The new plan must include needs of people with disabilities and their families.
- 4. The plan must be finished March 2023. It will start July 2023.
- 5. We will use advice CAC members have given CDCI. There will be more opportunities to give advice before March.

#### 12:35 How CAC meets and works together (30 minutes, Mel)



- 1. Some CAC members said they want better meetings. The goal is to make sure everyone can give CDCI advice.
- 2. Executive committee sent a survey about how CAC meets. We will share what we learned.
- Mel will lead conversation on members' access needs in meetings. Members will decide if CAC Group Agreement needs to change to help access.



CENTER ON DISABILITY &

COMMUNITY INCLUSION

4. Executive committee recommends new committee on how CAC meets and bylaws. David and Mel will be on committee. Do you want to be on the new committee?

#### 1:05 Giving advice on core functions (45 minutes)



- Core function coordinators will discuss priorities. Your advice last year helped create priorities.
- 2. Core function coordinators will share ways to give advice this year. They will ask CAC for questions and ideas.

## 1:50 Break (10 minutes)



#### 2:00 Giving advice on core functions continued (40 minutes)



Core function coordinators continue discussion with CAC.

#### 2:40 New members! (15 minutes)



- 1. 2 people applied to join CAC. They are Matthew Lawrence LeFluer (self-advocate) and Skye Peebles (family member).
- 2. Membership committee will talk about Matthew and Skye.
- 3. CAC will discuss their applications.
- 4. VOTE: Should Matthew and Skye join CAC?

### 2:55 Process (5 minutes)



- 1. Discuss how the meeting went today.
- 2. Decide what we should change for next meeting.

## **CAC Group Agreement**

# Based on Vermont Developmental Disabilities Council, CAC agreed to use February 3, 2021



- 1. Raise your hand to speak. Wait to be called on.
- 2. One person speaks at a time. If online, use mute when not talking.
- 3. Treat each other with respect. No put downs.
- 4. Try to understand other person's point of view.
- 5. Stay on topic being discussed.
- 6. Keep comments as short as you can.
- 7. Stay within time limits of agenda items.
- 8. Use simple and easy to understand words. No jargon.
- 9. Limit back and forth conversations.
- 10. Give everyone a chance to speak.

## **CAC Meeting Roles**

CAC members choose roles to meet our goals.

Members can choose different roles each meeting.



**Facilitators**: Leads the group through the agenda. Introduces each agenda item. CAC co-chairs are the meeting facilitators.

**Keeper of the rudder**: Keeps the group on track. Reminds group to stay on topic.

**Recorder**: Writes notes for the meeting. These notes become the meeting minutes. Minutes are shared after the meeting.

**Timekeeper**: Makes sure the group stays on time. Keeps track of time for each agenda item. Gives reminders to stay on time.

**Jargon buster**: Helps make sure conversation is clear. Listens for unfamiliar words or terms. Then asks for clarification.

**Equalizer**: Makes sure everyone can participate. If someone has not participated, they invite them to share.

**Processor**: Leads conversation at end of the meeting. They share what went well and what did not. Invites others to share.

### **Members**

CAC Member	Present	Not Present	Self-Advocate or Family Member
David Frye (Co-chair)			Self-advocate
Melissa Houser (Co-chair)			Family
June Bascom			
Hasan Ko			
Kristofor Medina			Self-advocate
Kirsten Murphy			
Lindsey Owen			
Persephone Ringgenberg			Self-advocate
Meagan Roy			Family
Michael Shor			Self-advocate
Arline Seiler			Self-advocate
11 Members			