




# Ways to talk about autism



Disorder-Based Language	Person-First Language	Identity-First Language
		
Autism is a problem that needs to be fixed or cured.	Puts the person front and center. The focus is on the person, not their disability.  Helps fight stigma related to disability.	Some conditions make up a core part of our identity or culture.  Influenced by Disability Culture and the Pride Movement.
Autism Spectrum Disorder (ASD)  "Suffering from autism"	"A person with autism"  "A person on the autism spectrum"	"An autistic person"  "A person who is autistic"
Avoid this language. Consider using Autism Spectrum Condition (ASC)	No consensus. Respect what an autistic person prefers.	No consensus. Respect what an autistic person prefers.